








Spring/Summer Menu Week 3

28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov 2025

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Sweet & Sour Chicken Meatballs & Sunny Rice 	Beef Lasagna & Garlic Bread 	Roast Chicken, Roast Potatoes, Stuffing and Gravy	Margherita Pizza & Tomato Pasta Salad 	MSC Fish Fingers & Chips
Main Meal Option 2	Cheesy Tomato Pasta Bake 	Chinese Sweet Chili Quorn Stir Fry & Mixed Rice ^{VG} 	Quorn Grill, Roast Potatoes and Gravy	Cheese Flan & Home-baked Potato Wedges	Cheese & Onion Puff Pastry Roll
Vegetables	British Red Tractor Garden Peas, Baked Beans 	Broccoli, Cauliflower & Carrots 	Broccoli, Carrots & Sweetcorn 	British Red Tractor Garden Peas or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans 
Baked Jacket Potatoes/Sandwiches	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 		A choice of Cheese, Tuna, or Ham Sandwich		Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
Dessert	Strawberry Mousse & Fruit Slices 	Chocolate Cookie & Orange Wedges ^{VG} 	Vanilla Cupcake	Iced Chocolate Cake	Homemade Jam Sponge & Custard

Portion(s) of fruit or veg			Source of wholegrain		Contains plant-based proteins		50% fruit		Oily fish		Vegan	VG
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England's target for 'free sugar' intake for your child
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.